

Good evening,

The Jeans for Genes day was a real success and the children were shown the impact of their donation during our celebration assembly. Here at The Quinta we are passionate about raising awareness of similarities and differences and how we can work together to support each other. Jeans for Genes day is just one small way in which we educate the whole child at The Quinta. If you would like to understand a little more about why we raise awareness for this cause please spend 5 minutes looking at this link: <https://www.jeansforgenes.org/funding-in-action>

**The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic disorder and raises money to fund projects that make a tangible difference to the lives of those affected.**

Most importantly, the campaign:

**brings together** the genetic disorder community in order to make a loud noise about the issues that matter to them,

**shines a light** on the organisations that work tirelessly to improve the lives of affected individuals; and

**celebrates** the achievements of those living with a genetic disorder.

This week we have had 4 positive COVID-19 cases in school. We are incredibly grateful to all parents who have worked with the school so far in getting a PCR test if their child has any symptoms or is in a house with a positive case. There is a significant rise in 5-9 year old cases across the county. We will only keep our community safe by working together, being extra vigilant and taking time to get PCR tested when we have concerns.

Next week we are hoping to have the final works completed on the safeguard fencing around school to motorise the main entrance, add the car park gate, add electronic access to the entrance and exit gates with timers.

Look out for next week's September Download where we will be announcing the school council and celebrating September in school.

Have a lovely, safe weekend

Will Sharpe

## Key Information

### After School Clubs

After school clubs link will **go live tonight at 8pm - you will not be able to sign up until then.** We have tried to include a range of clubs across the different phases to broaden the experiences for our pupils. Each club will have a You can access the sign up form via [this link](#)

### Summer reading challenge

Please can you send in any remaining reading challenges and sponsor money. Thank you to those who have already sent theirs in.

## Change of date

In last week's newsletter there was a mistake in the dates.

5th and 6th December (evening) Nativity for Y1/2 this should have been **6th and 7th December** (evening) Nativity for Y1/2

## School holiday and inset dates 2021-2022

[http://www.thequinta.cheshire.sch.uk/serve\\_file/2308637](http://www.thequinta.cheshire.sch.uk/serve_file/2308637)

## Coats

As the weather turns, please make sure your child has a coat as they will be outside in all conditions. This is part of our COVID risk assessment.

## Harvest - Storehouse

We are once again collecting for the storehouse. A project that offers emergency supplies to those in need. If you can spare any of the following items, we will happily collect them and transport them to the Storehouse for local people to access should they fare in need.

Tinned meats/ham/corned beef	Cereals
Jam	Tins of vegetables
Sugar	Shower Gel
Shampoo	Deodorant
UHT Milk	Rice Pudding

Pasta Sauce	Curry Sauce
Tinned Fruit	Hot dogs
Meatballs	Tinned tomatoes
Noodles/Mug Shots	Biscuits
Tinned Potatoes	

## Dates

[Click here for holiday dates](#)

### October

**1st October** Harvest Festival

**5th October** Tempest Photographs

**7th October** Reception curriculum evening

**11th and 12th October** Parents' evening

### November

**12th November** Children in Need

### December

**13th and 14th December** Standon Bowers Y2

**5th and 6th December** (afternoon) Preschool 5th and Reception

**6th and 7th December** (evening) Nativity for Y1/2

**8th December** Quinta Wonderland and Merry Market

**9th December** KS2 Carol Service

**16th December** Last day of term (Thursday).

## Safeguarding

- Mr Sharpe (headteacher) DSL - Designated Safeguard Lead
- Mrs Bernard (assistant headteacher and Y4 class teacher) Deputy DSL
- Ms Stones (assistant headteacher and Y6 teacher) Deputy DSL
- Mrs Wootton (Y3 class teacher) Deputy DSL

In the questionnaire you told us that you would like more information with emotional safety. We will endeavour to support you with this over this half term.

## Having conversations with your children



**Allow your children to contribute to discussions, so they feel part of a team. This will make them feel and cope better.**

- ◆ Open and honest conversations, and having the chance to speak, helps them build emotional and wellbeing life skills that will enable them to develop resilience as and when difficulties arise in the future.

**Simply listening can make a huge difference.**

- ◆ Create a space and a time when you're not distracted.
- ◆ Listen first, and be understanding and non-judgemental.
- ◆ Don't over-react or tell them that they are over-reacting.
- ◆ Speak calmly and quietly.
- ◆ Show that you've heard them, by using the words they used to describe their feelings. This helps build trust and confidence, as they feel listened to.
- ◆ The time doesn't need to be lengthy – often revisiting things more frequently can be a good way to get them used to talking.

**Recognise that your child's behaviour and emotions are related to their thoughts, so it's important to understand what they're thinking, rather than simply challenging them.**

- ◆ What are they saying to themselves to make them feel or behave in a certain way?
- ◆ Are you able to challenge their thinking and encourage an alternative way of looking at things, or a different perspective?

**Put things into perspective.**

Children are very good at catastrophizing (thinking the worst-case scenario). Encourage them to gain perspective:

- ◆ Allow them to state their worst case fears. (catastrophise)
- ◆ Ask them to come up with the best possible case scenario and allow them to exaggerate.
- ◆ Then ask them to find some middle ground and think of what the most likely outcome actually is.

**Emphasise that 'negative' emotions are actually normal, and it's not possible to be happy all the time. But don't allow the emotions to get unnecessarily out of control.**

## COVID-19

### Key COVID information

- **What to do if your child is ill:** If your child presents with any of the following symptoms please do not send them to school and instead seek a PCR test:
  - a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
  - a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
  - a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normalIn addition, if your child is unwell for example stomach upset, runny nose, headache, fatigue, diarrhea, then we would urge you to get a PCR test to rule COVID out.
- **What to do if a person in your household is positive:** Please get your child COVID tested before returning to school and if they are negative get another PCR test if they develop symptoms. We will only remain open by being extra cautious - especially if we take the evidence from Scotland as an indication of what is to come.

## Reminders

### The Quinta Curriculum

We promised to give greater signposting to our curriculum which has been available in extensive detail on the school since 2019. [Here is a direct link to find out more.](#)

## Community

### CHS open day

Please see the link with information about the CHS open evening on Thursday 23rd September. Slots need to be booked and the links on the letter are hyperlinks to the booking form.

[CHS Open Evening Invitation Link](#)

### Vale Juniors

Vale Juniors are trying to promote a new under 9s football team. Their goal is getting as many children as possible active and developing a love of sport.

[Vale Juniors under 9s information](#)

### Love music trust orchestral event

Are you interested in playing in an orchestra? The Junior Orchestra is open to musicians with a minimum of 12 months playing experience. This can include those who have just completed a year of wider opportunities within school and are looking to continue developing their playing next academic year.

We still have places available and this is an exciting opportunity for both players who have played in an orchestra before and for those new to this type of ensemble. If you would like to find out more about the weekend and sign up, you can do so via the link below:

<https://www.lovemusictrust.com/parents-and-pupils/orchestral-weekend-2021/>

## Rainbows and Brownies

We are pleased to announce that Rainbows and Brownies are resuming their meetings in the school hall from Thursday 16th September. For anyone interested in joining please visit

<https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>

Please note that there is currently a waiting list for Rainbows however places are available at Brownies.

## Families Cheshire Magazine September/October 2021

Please find the link to the [Families Cheshire magazine](#) for September and October 2021.

## Flu Consent

Consent forms for the flu immunisation have been emailed out to parents. It is attached again here for your convenience. [Flu consent form](#)

The Quinta Senior Leadership Team			Who to contact
Member of staff	Position	What areas can they support me with?	How to contact/where they can be found
Mr W Sharpe	Headteacher	Escalation of concerns. Any safeguarding concerns.	<a href="mailto:head@thequinta.cheshire.sch.uk">head@thequinta.cheshire.sch.uk</a>
Mrs L Gratton	Assistant Headteacher	Issues or concerns relating to EYFS and KS1.	<a href="mailto:lgratton@thequinta.cheshire.sch.uk">lgratton@thequinta.cheshire.sch.uk</a> Teaching in reception.
Ms S Stones	Assistant Headteacher	Issues or concerns relating to KS2. Any safeguarding concerns.	<a href="mailto:sstones@thequinta.cheshire.sch.uk">sstones@thequinta.cheshire.sch.uk</a> Teaching in Y6.
Mrs K Bernard	Assistant Headteacher	Issues pertaining to special educational needs. Any safeguarding concerns.	<a href="mailto:kbernard@thequinta.cheshire.sch.uk">kbernard@thequinta.cheshire.sch.uk</a> Teaching in Year 4.
Mrs S Hoyle	School Business Manager	Any issues pertaining the school office, preschool booking	<a href="mailto:sbm@thequinta.cheshire.sch.uk">sbm@thequinta.cheshire.sch.uk</a> <u>In the school office.</u>
Mrs S Williams	Lead Teaching Assistant	First Aid	<a href="mailto:swilliams@thequinta.cheshire.sch.uk">swilliams@thequinta.cheshire.sch.uk</a> Teaching assistant Y3