

Advice Line Children & Young People

Cheshire and Wirral Child & Adolescent Mental Health Service (CAMHS)



**Are you a young person
who is struggling with
their mental health?**



**Are you worried about your
child's mental health?
Talk to us**



**Are you an adult working with
a young person and concerned
about their mental health?**



Contact our advice line for advice, support and resources.

You can also contact our advice line if you would like to consider a self-referral.



**5pm - 10pm
12pm - 8pm**

**Mon to Fri
Weekends**

01244 397644



Helping people to be
the best they can be

