Time Out For Parents

Care Family

Children with Special Needs

Sessions for anyone parenting children with special needs aged 3 to 11

Date Every Wednesday, 9.30am - 11.30am 21st April - 26th May

Venue Danesford Community Centre, West Road, Congleton, CW12 4EY

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or Online Option Available

For more information Contact Alison Timbey or Joanna Crichton 01260 267961 or email alison.timbey@nlchurch.org.uk joanna.crichton@nlchurch.org.uk





Common sense, jargon-free information and ideas to help you to engage with your children and boost your relationship

Time Out For Parents Children with Special Needs

Positive Parenting Time Out for Parents courses from Care for the Family provide common sense, jargon-free information and ideas to help you to engage with your children and boost your relationship.

If you have children with special needs aged 3 to 11, then *Time Out For Parents - Children with Special Needs* is for you. Over seven sessions you'll increase your skills and confidence as a parent and discover practical tools to make your relationship with your child even better.

The sessions

Session 1 Parenting children with special needs

Session 2 Self-esteem

Session 3 Coping with your feelings

Session 4 Understanding behaviour

Session 5 Managing behaviour

Session 6 Home and school issues

Session 7 The wider family





Care for the Family Tovey House, Cleppa Park, Newport NP10 8BA Tel (029) 2081 0800. www.cff.org.uk

